

# Daily Needs by Program



Clinic	Vitamin B Complex	Guaifenesin Cough Syrup
	Dandruff Shampoo	Pill Cutters
	Antibiotic Cream	Alcohol Pads
	Petroleum Jelly*	Aspirin (81 & 325 mg)
	Cough Drops	Calcium Carbonate
Family Nurturing Center	Baby Food*	Foam Plates (10in)*
	Paper Cups (5oz)	Liquid Hand Soap*
	Disinfectant Spray*	Toddler Underwear
	Kid's Healthy Snacks	Tall Kitchen Trash Bags*
Fresh Start	Appliances	Beds & Frames (All Sizes)*
	Rugs	Pots & Pans*
	Dishes*	Furniture*
	Silverware*	Blankets & Linens*
Maggie's & Lorraine's	Clothes	Double & Round Racks
	Plastic Bags*	Men's Jeans
	Underwear & Socks	Men's T-Shirts
	Men's Size 10+ Shoes	Workboots
Missouri Hotel	Twin Comforters	Ethnic Hygiene Products*
	Towels/Wash Cloths*	Women's Deodorant*
	Baby Soap & Shampoo*	Laundry Detergent*
	Daily Pill Box	Denture Adhesive/Cleaner
Rare Breed	Dressers*	Hairbrushes
	Pillows*	Bus Passes*
	Paper Towels*	Tampons/Pads*
	Toilet Paper*	Diapers & Baby Wipes*
	Cleaning Supplies*	Disposable Razors*
Food Warehouse	Plastic Utensils*	Disposable Plates/Cups*
	Rice	Macaroni and Cheese
	Canned Meat	Canned Fruit & Vegetables*
	Pop-Top Food Items	Dry Beans
	Bottled Juice & Water*	Dry Pasta & Sauce*
Meal Helpers	Any ready to eat food	

\*Used in multiple programs

Established in 1983 by Sister Lorraine Biebel, The Kitchen, Inc. serves the *under-served* in our Community. Those affected by homelessness, poverty, or just having a hard time can come to The Kitchen and know [they will receive help](#).

Because **homelessness is not the effect of one single factor**, we act as a continuum of care to help people when they stumble on life's road. Therefore, we have many different services we provide for the community including emergency shelter, transitional housing, day care for children in our programs, youth outreach services, medical care for the low-income uninsured along with staples like food, clothing, and furniture.

Our shelters can house up to 240, nearly forty percent of which are usually children, and we have been at capacity for the last two years. Our clinic sees an average of 37 patients a day. Community Outreach helps an average of 196 people with food/clothing **each day**. These are not just numbers, **these are our friends, family and neighbors** here in the Ozarks.

Our **Daily Needs List** is on the reverse side. You can see **these are just the basic necessities of life**. Please consider picking up a few of these items the next time you are shopping to donate to The Kitchen. Your generosity is the key to ending poverty in the Ozarks.

**Need Never Stops And Neither Do We**

**The Kitchen, Inc.**

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